

**Four Year Graduation Plan – Courses & Critical Benchmarks:**

The following is a sample course of study. It is the Student’s responsibility to ensure that all program requirements are met. This guide is not a substitute for academic advisement. For more information see the University Catalog at [umkc.edu/catalog](http://umkc.edu/catalog).

Your path to graduation may vary based on factors such as college credit you earned while in high school, transfer work from other institutions of higher learning, and placement in Mathematics. You are responsible for checking prerequisites to any courses. Critical Courses and minimum recommended grades (as noted below) provide feedback regarding major fit and help indicate likelihood of successful completion of chosen academic program and degree.

**Please Note:** Admission to UMKC is all that is required for students applying to the Bachelor of Science in Public Health as first time college students. There is no separate application process for the BSPH. Bachelor of Science in Public Health transfer students must have a cumulative GPA of 2.500.

<b>First Math Course:</b>	MATH 110 Pre-Calculus Algebra	<b>Foreign Language Requirement:</b>	No	<b>General Elective Hours:</b>	20
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Critical Course	Course Subject, Number, & Title and Academic Plan Benchmarks <b>Bold = UMKC General Education Core requirement</b>	Min. Recom. Grade	Credit Hours	Notes
<b>Fall Semester Year 1: 15 hours</b>				
◆	PBHL 158 Public Health Principles	B	3	BSPH Students must earn a minimum grade of “C-” in all PBHL, HLSC, and Science/Math requirements (BIOL 108/108L, BIOLOGY 112, BIOLOGY 218, CHEM 206, and Math110 or higher). They must earn a minimum grade of “D-” in all other coursework.
	HLSC 110 Personal Wellness		3	
	MATH 110 Pre-Calculus Algebra ( <b>Focus B</b> ) <sup>1</sup>		3	
◆	<b>**Anchor I Reasoning &amp; Values</b> <a href="#">Click for options</a> (ANCH 106 Money, Medicine, & Morals OR ANCH 102 Introduction to Urban Studies recommended)	B	3	
	<b>**DISC 100 Reasoning &amp; Values</b> (Speech & Writing) <a href="#">Click for options</a>		3	
Complete 15 credit hours toward degree Earn minimum 2.50 cumulative GPA				<sup>1</sup> Enrollment restricted. Must take <a href="#">ALEKS Math Placement Exam</a> or show prerequisite requirement has been met prior to enrolling.
<b>Spring Semester Year 1: 16 Hours</b>				
	BIOL 108 + 108L General Biology ( <b>Focus Elective</b> ) with Lab OR BIOL 109 + 109L General Biology II ( <b>Focus Elective</b> ) with lab		4	*PBHL 158 is a pre or co-requisite for this course.
	*HLSC 310 Healthcare Systems		3	
	*HLSC 345 Quantitative Analysis in the Health Sciences		3	Register for <a href="#">UMKC Handshake career network</a> .
◆	<b>**Anchor II Culture &amp; Diversity</b> <a href="#">Click for options</a>		3	
	<b>**DISC 200 Culture &amp; Diversity</b> (Speech & Writing) <a href="#">Click for options</a>		3	
Complete 16 credit hours toward degree Maintain minimum 2.50 cumulative GPA				

Summer Semester Year 1: 0 hours				
Complete Math Requirement Complete Anchor I & DISC 100 Complete at least 30 total credit hours toward degree Maintain minimum 2.50 cumulative GPA				Students may use the summer to ensure completion of 30 hours per academic year or to lighten fall and spring course loads.
Fall Semester Year 2: 16 hours				
	*PBHL 335 Historical & Contemporary Issues in Public Health	B	3	Take the <a href="#">RooWriter Assessment</a> after completing DISC 200. Must complete prior to enrolling in a Writing Intensive (WI) course.
	PBHL 358 Environmental Public Health		3	
	BIOLOGY 218 Introductory Anatomy		3	
	<b>Focus A Arts &amp; Humanities</b> <a href="#">Click for options</a>		3	
	General Elective		3	
	General Elective (HLSC 315 Health Literacy recommended)		1	
Complete 16 credit hours toward degree Maintain minimum 2.50 cumulative GPA				
Spring Semester Year 2: 15 hours				
◆	*HLSC 300 Diversity in Health	B	3	2 HISTORY 101, 102, & POL-SCI 210 fulfill both the <b>Focus C</b> & <a href="#">Missouri Constitution requirement</a> .
	CHEM 206 Nutrition ( <b>Focus Elective</b> )		3	
	<b>Focus C Human values &amp; Ethical Reasoning</b> <a href="#">Click for options</a> (HISTORY 101, 102, or POL-SCI 210 <sub>2</sub> recommended)		3	
	PBHL 245 Qualitative Research Methods for Public Health	B	3	
	General Elective		3	
Complete 15-20 credit hours toward degree Maintain minimum 2.50 cumulative GPA				
Summer Semester Year 2: 0 hours				
Complete Anchor II & DISC 200 Complete RooWriter Complete at least 60 total credit hours toward degree Maintain minimum 2.50 cumulative GPA				Students may use the summer to ensure completion of 30 hours per academic year or to lighten fall and spring course loads.
Fall Semester Year 3: 16 hours				
	*HLSC 410 Epidemiology		3	
	BIOLOGY 112 Microbiology & Living		3	
	*HLSC 430 Health Program Management		3	
	<b>**Anchor III Civic &amp; Community Engagement</b> <a href="#">Click for options</a>		3	
	<b>**DISC 300 Civic &amp; Community Engagement</b> (Speech & Writing) <a href="#">Click for options</a>		3	
	General Elective (HLSC 200 First Aid/CPR recommended)		1	
Complete 16 credit hours toward degree Maintain minimum 2.50 cumulative GPA				
Spring Semester Year 3: 15 hours				
	*HLSC 450 Urban Health		3	Note: No more than 12 credit hours may be taken during the last semester.
	*PBHL 458 Communicable Disease Investigation		3	
	*HLSC 440 Policy & Ethics in Health		3	

	*HLSC 476 Scientific Inquiry		3	Apply for graduation & complete your Final Degree Audit for Major and Minor (if applicable).
	General Elective		3	
Complete 15 credit hours toward degree Maintain minimum 2.50 cumulative GPA				
<b>Summer Semester Year 3</b>				
Complete Anchor III & DISC 300 Complete at least 90 total credit hours toward degree Maintain minimum 2.50 cumulative GPA				Students may use the summer to ensure completion of 30 hours per academic year or to lighten fall and spring course loads.
<b>Fall Semester Year 4: 15 hours</b>				
	*PBHL 445 Core Competencies in Health Education		3	Take the <a href="#">HElghten</a> exit exam.
	*HLSC 460 Global health		3	
	*HLSC 470 Technology, Marketing, & Media in Health		3	
	*HLSC 480 Leadership & Management in Health Professions		3	
	General Elective		3	
Complete 15 credit hours toward degree Maintain minimum 2.50 cumulative GPA				
<b>Spring Semester Year 4: 12 hours<sup>3</sup></b>				
	*PBHL 496 Evidence-Based Public Health Capstone & Seminar		6	<sup>3</sup> Public Health Majors may take a maximum of 12 credit hours their final semester.
	General Elective		3	
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Complete 12 credit hours toward degree Maintain minimum 2.50 cumulative GPA				

<b>Graduation Requirements Summary</b>					
Total Hours	Total Hours at UMKC	Upper Level Hrs in Major at UMKC	300/400 level hours	Major GPA	UMKC GPA
120 minimum	30 minimum	12 minimum	36 minimum	2.50 minimum	2.50 minimum

### Other Information

A minimum of 30 hours must be earned at the University of Missouri-Kansas City, regardless of the number and level of hours earned at another institution. Undergraduate degree-seeking students are required to earn credit in at least 36 hours of coursework numbered 300 and above at UMKC. In the case of transfer credit, the coursework must be numbered as junior-senior level work by the transferring institution. Community-college transfer coursework cannot count towards the 36-hour requirement.

#### Non-course Requirements

Missouri Higher Education Civics Achievement Examination  
 RooWriter Assessment  
 HElghten exit exam

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### Policy

The University reserves the right to make changes in courses and course schedules. Students are expected to maintain a quality of achievement significantly above minimum UMKC standards for degree work. Individual student progress will be monitored throughout the program. Satisfactory progress is required of all students for retention in the program. Students are expected to maintain academic standards, perform satisfactorily in courses, refrain from academic dishonesty, comply with the established University requirements, and refrain from unethical or unprofessional behavior or behaviors that obstruct the training process or threaten the welfare of the student or others. Other circumstances involving student behavior will be addressed by the faculty on an individual basis.

## Advising Contact Information

Health Sciences Building, UMKC Hospital Hill Campus  
2464 Charlotte St, Kansas City MO 64108  
<http://sonhs.umkc.edu/academics/bsph/>  
[umkcbhs@umkc.edu](mailto:umkcbhs@umkc.edu)

## Career Opportunities

UMKC Career Services – [career.umkc.edu](http://career.umkc.edu) | 816-235-1636 | 2<sup>nd</sup> Floor, Atterbury Student Success Center  
O\*Net OnLine – [OnetOnline.org](http://OnetOnline.org) Learn about careers related to your major, income potential, and more.